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I Don't Love You Anymore: What To Do When He Says,

DAVID CLARKE, Ph.D.

WHAT TO DO WHEN HE SAYS,

I DON'T

LOVE

YOU ANYMORE

AN ACTION PLAN TO REGAIN CONFIDENCE, POWER, AND CONTROL



Synopsis

"I don't love you anymore." These simple words have the power to send the listener into shock, denial, and desperation. The obvious response is to ask oneself, "What can I do to win my partner back?" In *I Don't Love You Anymore*, Dr. David Clarke provides just the battle plan needed. Contrary to what many relationship "experts" recommend-weak, passive plans that involve begging or romancing a spouse back-Clarke offers an approach that he calls guerilla love, which essentially turns the tables on the wandering spouse. He outlines the biblical view of marriage and instructs readers on: Drawing healthy boundaries. Five things he really means when he says, "I don't love you anymore." The most popular "exit lies" and how to see through them. Classic symptoms of a person who is having an affair. Most important, Clarke empowers and equips readers to make the best, most God-honoring, attempt at saving a marriage.

Book Information

File Size: 471 KB

Print Length: 224 pages

Simultaneous Device Usage: Up to 5 simultaneous devices, per publisher limits

Publisher: Thomas Nelson (September 29, 2002)

Publication Date: September 29, 2002

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B000SF89AU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #30,775 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18

in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Family

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Customer Reviews

I found it so terribly sad I was being forced into needing to read this book. However, I am so thankful it was here to read. Anyone going through infidelity needs to read it. Heartbreaking but truthful

Direct, action oriented ! No self pity parties here ! Bold action oriented action plan for those whose spouse is ready to walk out the door .

Excellent book from a well seasoned and wise therapist! Practical steps to healing a marriage in trouble from a godly, well-educated professional with over 30 years experience. Hard to put down!

This is the only book I found, that not only helped me to survive a trauma of my husband infidelity , but I also was able to save my 13 year old daughter's sanity and self confidence. I highly recommend this book.

This book is totally different from anything I've ever read about broken relationships. The advice is all Bible based and beyond tough love strategies . It is hard work but I believe it will work, with God's help and guidance. Dr. Clark is informative and entertaining and I don't know why I was lead to read this book but I'm glad I did, you will be also.

I garnered a lot of good information -- I did not always connect his religious scriptures with his explanations. Would have been easier to read without comparing marriage to biblical times.

Excellent book about how to deal Biblically with adultery. I do not agree with all the applications in other areas but appreciate the approach author takes on adultery and recovery.

Written for women. In the beginning the author says insert she for he, but the context is clearly from a woman's point of view. Also, primarily written for situations of infidelity. If you are a women that has a cheating husband, maybe a good book, but otherwise probably not the book for you.

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